

## TOP BRINKLEY CHEF COMPETITION

One of the events planned for the Aurora District Camporee is a Iron Chef Competition. Some basics about the competition are as follows:

- 1) This will be a SCOUT ONLY competition. No adult leaders will be able to help or be consulted!
- 2) The main food item will be provided by Camporee Staff at the dining hall. Show up at 12:15 for your mystery food.
- 3) The patrols will provide: (pay attention) all cooking pots, pans, utensils, and safety equipment, etc that the scouts will need to participate. Patrols should have plates, utensils, napkins, etc to present the food to the judges.
- 4) The patrols may bring as large a variety of spices, condiments, oils, etc as they feel they will need. The patrols might consider also bringing some flour, sugar, and a box of Bisquick too. Patrols will also provide all other foods needed: fruit, veggies, breads, and desserts.
- 5) Each group will prepare four courses. The main course and one other course of your choice will be prepared with the mystery item. A balanced meal will include: protein, fruit, veggie, & carbohydrate.
  - a. one appetizer or bread
  - b. one main dish with mystery food
  - c. one side dish
  - d. one desert dish
- 6) The scouts may bring any garnishes that will enhance the presentation of their dish (es).
- 7) Total time, including food preparation and cooking will be 1 hour 15 minutes from beginning to when the dishes will be presented to the judges. Plan accordingly as dishes must be served to judges at temperatures appropriate for the dish. You may bring recipes. All food must be prepared from scratch in the time allowed. Nothing prepared in advance. Observers will be walking around for random inspections.
- 8) Judging will be based on:
  - Originality:** 0 the food is cooked with no other ingredients to 10 the food is cooked with spices, starches (noodles, rice, etc)
  - Presentation:** 0 the foods are presented on paper plates. 10 the foods are presented on separate plates or on a tray or decorated or hand made serving devise.
  - Completeness of meal:** 0 only one food group represented. 10 healthy balance of food groups presented.
  - Cooperation:** 0 one patrol member does all the work and presents the food. 10 all patrol members contributed. Questions will be asked when the dish is presented
  - Flavor:** 0 the food does not have any flavor other than the original taste. 10 the food is spiced and flavored pleasantly. Food is palatable.